



# DINING AT HIGHLANDS

*All meals, snacks and softdrinks are included.  
All our food is sustainable, fair trade, free range and organic where possible.*

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## BREAKFAST

### Continental Buffet

Assorted pastries, muffins and croissants;  
Homemade muesli and cereal selection; Full cream yogurt and fresh fruit;  
Cold meat and cheese platter with farm-baked bread; Smoked salmon on potato rosti with rocket

### Full English Breakfast Buffet

Eggs to order; Bacon, Ostrick steak;  
Sauteed mushrooms; Balsamic roasted tomatoes

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## ALL DAY DINING

### Starters

Smoked salmon salad with caviar creme fraiche (S)  
Beef carpaccio with a truffled celery and parmesan salad  
Grilled or fried calamari with homemade tartar sauce and savoury rice (S)  
Soup of the day served with fresh bread  
Chicken caesar salad  
Moroccan lamb koftas served with tzatzki  
Chorizo, bacon and cheese empanadas (P)  
Tuna nicoise salad (S)  
Brie and caramelised onion tart served with rocket and a balsamic glaze (V)  
Greek salad (V)

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### Mains

Grilled Wagyu steak with potato gratin, charred leeks and a red wine jus  
Seared Scottish salmon with crushed new potato, garden peas and beurre blanc (S)  
Linguine del giorno  
Free range chicken Milanese with truffled parmesan fries  
Grass-fed grilled rib eye steak with roasted vegetables and fries  
Grilled king prawns with savoury rice, sauces and lemon (S)  
Wagyu burger with mature cheddar and maple bacon on a brioche bun with hand cut chips (P)

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(P) Pork (V) Vegetarian (S) Seafood (A) Alcohol

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### Dessert

Rooibos and matcha brulee with honey and lime biscotti

Cake of the day

Cheese board with crackers and preserves

Lindt chocolate fondant with hazelnut crumb and Amarula ice cream (A)

Sorbet and fresh fruit

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## BRAAI MENU

*All items on our braai menus are available upon prior request.*

### Classic Braai

Organic Karoo lamb rump steaks; Marinated pork belly (P);

Free range chicken prego kebabs; Butterfly baby chicken or quail;

Beef espetada with Portuguese rolls; Chimichurri rump steak;

Lemon and garlic prawns (S); Kingklip (S);

Crayfish brushed with lemon butter (S); Calamari steaks (S);

Grass-fed rib eye on the bone; 1.2kg T bone steaks

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### Potjie Braai

Organic Karoo lamb potjie with potatoes in gravy

Grass-fed beef oxtail potjie with potatoes in gravy

Sustainable seafood potjie with calamari, prawns, mussels and linefish in tomato sauce (S)

Abolone and periwinkle 'paella' with rice and cream (S)

Free range chicken and mushroom pot in a cream based or red wine sauce

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### Braai Sides (V)

Sweet potato bake; Sweet potato in foil; Grilled sweetcorn with chilli butter;

Grilled vegetables; Potato salad; Pesto pasta salad;

Organic garden salad; spinach and truffle salad; Greek salad;

Corn, feta and thyme beer bread; Roster koek with cheese and jam

Home baked farm bread; Onion and herb focaccia

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### Braai Desserts

Peppermint Crisp tart; Smores; Milk tart;

Chocolate mousse; Fruit and ice cream

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HIGHLANDS ECO ESTATE

[www.highlandsecoestate.co.za](http://www.highlandsecoestate.co.za)



## PICNIC MENU

*Picnic baskets can be prepared and packed upon prior request.  
Alcohol is an additional charge.*

Champagne and oysters (S)  
Champagne and strawberries  
Marinated grilled prawns with avocado and Marie Rose (S)  
Seared tuna nicoise salad (S)  
Grilled chicken and cous cous salad  
Asian beef stirfry with noodles  
Grilled lamb cutlets with salsa verde  
Lamb koftas  
Pita with hummus, tzatziki, roasted vegetables and lamb/chicken  
Seasonal salad  
Chocolate brownies and truffles  
Fresh fruit kebabs  
Still or sparkling water  
Wine on request

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## BAR SNACKS

*Available all day.*

Marinated olives; Biltong; Droewors; Mixed nuts;  
Maple glazed peanuts and bacon (P)  
BLT on white or brown bread with pomme gaufrette  
Chicken mayo toasted sandwich with chips  
Cheese and tomato toasted sandwich with chips (V)  
Bacon and cheese toasted sandwich with chips (P)  
Dagwood sandwich with chips  
Sticky ribs and wings basket with chips  
Asian stirfried vegetable wrap with sweet potato fries  
Antipasti platter: Palma ham and melon (P);  
Grilled marinated peppers; Mortadella (P); Grilled artichokes;  
Salami (P); Marinated mushrooms; Bresaola; Olive tapenade;  
Garlic rubbed bruschetta

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